



MEDIA RELEASE

Date: Sunday, 3 December 2017

Event Name: Club INSPIRASI Family Day 2017

Singapore, Sunday, 3 December 2017. Today, the annual Club INSPIRASI Family Day returned to kick off the December holidays to a fun-filled start. Minister for Communications & Information, Minister-in-Charge of Cyber Security and Minister-in-Charge of Muslim Affairs Dr Yaacob Ibrahim was the Guest-of-Honour at the event. About 30 families attended the half-day event at SAFRA Punggol.

This event also marked the 10th anniversary of INSPIRASI Hubs run by the Singapore Muslim Women's Association (PPIS) and Association of Muslim Professionals (AMP) that are dedicated to provide marriage preparation as well as enrichment and support programmes for young couples up to their first ten years of marriage.

"From the past years of engaging couples through Club INSPIRASI, we have come to realise the importance of supportive familial systems in order for new marriages to succeed. This is in line with PPIS' 65th anniversary theme of 'Celebrate, Collaborate', which is a reflective of the reality where it takes good support systems especially from parents, for the young couples to build strong and stable families. PPIS hopes to continue working together with AMP and other community partners in providing better and substantial support to these couples in Singapore," said Mr Mohd Ali Mahmood, Chief Executive Officer of PPIS.

The theme for this year's Family Day '*Berganding Bahu Mengukuh Mahligai*' (Working Together to Strengthen a Marriage) hopes to acknowledge the key role of parents in helping couples manage life adversities, especially during the early stages of marriages. This event also serves as a platform for couples and children to express their appreciation to their parents as well as to strengthen their relationships with parents and in-laws.



During the event, GOH Dr Yaacob was a judge for a creative writing competition organised by the Hubs. Titled 'Best Grandparent', couples submitted poem entries dedicated to their parents and/or in-laws prior to the event, in celebration of Grandparents Day on 26 November 2017. Families also attended a motivational workshop by family life educator, Mr Nailul Hafiz Abdul Rahim, to inspire them to work together and grow their resilience as a family as they journey through the different challenges in their lives.

Guest-of-Honour:

Associate Professor Dr Yaacob Ibrahim

Minister for Communications & Information, Minister-in-Charge of Cyber Security and Minister-in-Charge of Muslim Affairs

Member of Parliament for Jalan Besar GRC

Event Details:

Date: Sunday, 3 December 2017

Venue: SAFRA Punggol (9 Sentul Crescent, Singapore 828654)

Time: 9.30am - 2.00pm

For any media inquiries, please contact:

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About PPIS

Founded in 1952, PPIS (Persatuan Pemudi Islam Singapura or Singapore Muslim Women’s Association) is a non-profit organisation focused on community services. We are dedicated to working with women of all ages in carrying out their multiple roles in society. PPIS runs three core community services namely Family Services, Student Care and Early Childhood Education (ECE). With 16 centres island wide, the services work together to provide quality and holistic support as well as developmental programmes for women and their families.

For more information, please visit: <http://www.ppis.sg>.

About INSPIRASI Hubs

INSPIRASI PPIS and INSPIRASI@AMP are hubs dedicated for marriage preparation and enrichment for Muslim young couples run by the Singapore Muslim Women’s Association (PPIS) and the Association of Muslim Professionals (AMP). Starting July 2016, INSPIRASI Hubs extended its services from minor couples (where either party is below 21 years old) to young couples where grooms are 21 to 24 years old.

Officially launched in August 2007, its objectives are to:

- Provide holistic intervention for young couples;
- Provide avenue for young couples and families to make informed decisions about marriage through premarital consultation; and
- Assist young couples in building a strong and stable marriage as well as being effective parents through the various marriage enrichment and support programmes as well as counselling.

The Hubs also serve as a touch point to help young couples access national programmes in training and employability skills as well as self-reliance.