

EMBARGOED TILL 24 FEBRUARY 2018, 11.00AM

Date: Saturday, 24 February 2018

Event Name: PPIS IbuBapa.SG Forum – ‘Addiction: Beyond Individuals’

Singapore, Saturday, 24 February 2018. More than 70 individuals and families attended the IbuBapa.SG Forum – ‘Addiction: Beyond Individuals’ held at the NTUC Business Centre this morning. Organised by PPIS Family Therapy Institute, the half-day forum was officiated by Mr Amrin Amin, Parliamentary Secretary for Ministry of Home Affairs and Ministry of Health.

With a theme, ‘Addiction: Beyond Individuals’, the forum educated participants on the multiple forms of addiction beyond substance abuse. This not only highlighted the importance of family support and resilience in tackling the issue, but also how their lifestyle and family interactions contributed to the development of the issue. Participants received tips on how to use family interactions to recognise addiction and were encouraged to nurture relationships to work on familial connections, rather than just the issue alone.

“Through this forum, we invited participants to view addiction beyond what they are familiar with. Not only are adults or parents struggling with addiction, children too, as they might be directly or indirectly affected through family members. We would also like to increase awareness of the available support for individuals and families who grapple with this issue and urge them to reach out for help,” said Mdm Maimunah Mosli, Principal Family Therapist of PPIS Family Therapy Institute.

Unlike last year’s forum, this year’s IbuBapa.SG Forum engaged participants through conversations in small groups along with a large group setting. These conversations gave participants more time to explore their relationships, knowledge and understanding about the context of addiction. This is different from the traditional method of merely listening to an expert. We believe through conversations, new learning can take place and addiction today requires learning with families.

Persatuan Pemudi Islam Singapura
Singapore Muslim Women's Association
Blk 1 Eunos Crescent #01-2509
Singapore 400001

 6744 0258  info@ppis.sg  www.ppis.sg  /ppis.sg



“Addiction today is no longer a gendered issue. It is beyond individual. It is family, community and society. Parenting definitely has a bigger role in shaping one’s relationship with self and maintaining connection. Thus PPIS hopes that families are able to initiate conversations and interactions within their own families, be it between couples, parents and children, between children and with external family members such as grandparents,” Mdm Rahayu Mohamad, President of PPIS, has this to add.

Another highlight of the Forum was the Panel Discussion with not only PPIS professionals, but also invited panellists such as Dr Mohammad Hannan Hassan, Deputy Director of Capacity Building & Interfaith Engagement and Vice Dean of Muis Academy as well as Mr Dzar Ismail, Radio DJ from Ria 89.7FM.

Today’s forum marks the second IbuBapa.SG Forum by PPIS. The inaugural forum took place last year with the theme of ‘Parents Forever: Navigating the Challenges of Co-Parenting After Divorce’.

Guest-of-Honour:

Mr Amrin Amin

Parliamentary Secretary, Ministry of Home Affairs and Ministry of Health
Member of Parliament for Sembawang GRC (Woodlands)

Event Details:

Date: Saturday, 24 February 2018

Venue: Level 7, NTUC Business Centre (1 Marina Boulevard Singapore 018989)

Time: 9.30am – 1.00pm (GOH will arrive at 9.20am)

The forum will be held in English.

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Event Panelists:

- Dr Mohammad Hannan Hassan, Deputy Director of Capacity Building and Interfaith Engagement, and Vice Dean of Muis Academy
- Mr Dzar Ismail, Radio DJ, Ria 89.7FM
- Mdm Maimunah Mosli, Principal Family Therapist, PPIS Family Therapy Institute
- Ms Nuraida Khalid, Senior Systemic Therapist, PPIS Family Therapy Institute.

For any media inquiries, please contact:

Nurulhusnina Azhar (Corporate Communications)

O: 6744 0258

M: 9144 7476

E: Husnina.azhar@ppis.sg

About PPIS

Founded in 1952, PPIS (Persatuan Pemudi Islam Singapura or Singapore Muslim Women's Association) is non-profit organisation focused on community services. We are dedicated to working with women of all ages in carrying out their multiple roles in society. PPIS runs three core community services namely Family Services, Student Care and Early Childhood Education (ECE). With 16 centres island wide, the services work together to provide a quality and holistic support as well as developmental programmes for women and their families.

About PPIS Family Therapy Institute

PPIS Family Therapy Institute (FTI) aims to be the leading family therapy, training and consultancy institute for families in Singapore. At FTI, we believe that every individual matters. The Person & The Professional. Guided by systemic ideas, the institute hopes to nurture individuals, couples, families and professionals in negotiating positions through bridging relationships and bettering interaction across an array of contexts through therapy, training and consultancy.

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About PPIS IbuBapa.SG Forum

The IbuBapa.SG Forum was first piloted in 2017, as part of PPIS' 65th Anniversary celebrations. As family constructs become dynamic and are always changing, families face issues surrounding parenting in the current generation which may be challenging and inexplicable with traditional parenting strategies. The forum hopes to be the platform where families can learn from each other in navigating the changing fabric of family living.

For more information, please visit: <http://www.ppis.sg>

Annex A (Profiles of Panelists as a separate file/document)

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